

# Eat Well @ Primary Schools

Support package for primary schools to implement the Food in Guernsey Schools Policy Directive (Whole School Approach to Nutrition)

Parent, Staff and Student engagement & communication tools

Support to establish healthy snacking and water-only approaches

Parent transition support sessions and general lunchbox guidance

Eat Them to Defeat Them UK campaign

Support to trial healthier alternatives at events, fundraisers and on residential

Food & Nutrition support for DT entitlements

Collaboration with school projects that support good nutrition such as RRSA (article 24)

Advice and support for healthy breakfast clubs

Support with non-food reward systems and alternative ways to celebrate birthdays

